

- Purchase fruits and vegetables seasonally.
- Use a composter for food waste.
- Grow some of your own food.
- Use a rainbarrel to collect water for your garden.
- Turn off the water while brushing your teeth or washing your car.
- Hang your clothes to dry.
- Purchase second-hand clothing for yourself or your children.
- Cycle, take public transit, or carpool to church.
- Install a solar panel (or other green energy source) in your home.
- Join the Climate Fast.

- *Set up and maintain a notice board for greening information and announcements.*
- *Replace Styrofoam cups and plates with ceramic or glass ones.*
- *Install low-flow toilets.*
- *Adjust the central heating/cooling system by a couple of degrees.*
- *Conduct a green audit of your sacred space; implement the recommended changes.*
- *Set up bike storage units on your church property.*
- *Host a speaker on creation care and climate change.*
- *Finance the greening of local community outreach initiatives.*
- *Organize people in your congregation to join the Climate Fast.*

- *Become a drop-off hub for Community Supported Agriculture (CSA) deliveries.*
- *Include prayers for creation as a regular part of worship.*
- Buy solar shares.
- Divest from fossil fuel companies.
- Support your denomination's stated position on climate change; ensure it is reflected in regular congregational activities.
- Invest in carbon offsets.
- Support the *Canadian Interfaith Call for Leadership and Action on Climate Change.*
- Communicate in your denomination why there is a Climate Fast and why your congregation is participating.

- Urge your community and government to take action to reduce carbon emissions.
- Write a congregational letter to your MP on climate change; request more emphasis on energy conservation and renewable energy.
- Write a letter to your church leader requesting more creation advocacy emphasis on energy conservation, renewable energy sources, and action on climate change.
- Financially support faith-based groups working to promote ecological justice.
- Invest your retirement savings in ethical instruments and the greenest energy options.

- Develop a community-wide planning and budgeting process based on green principles (e.g., looking at life-cycle costing).
- Invite your local political representatives to congregational discussions on creation advocacy and care.
- Organize an all-candidates meeting on climate change policies and solutions.
- Communicate to church and political leaders why you are participating as a congregation in the Climate Fast movement.